



Open Gym Hours and Class Schedule**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AM	8:00- 12:00	7:00- 12:00	8:00- 12:00	7:00- 12:00	7:00- 11:00	8:00- 12:30
PM	3:00- 7:00	3:00- 7:30	1:30- 7:00	3:00- 7:30	2:30- 5:30	
Class	5:00 PM	7:00 AM 6:30 PM	5:30 PM	6:30 PM	4:30 PM	9:30 AM

*** Other times may be available. Call or email us before to see if we're here!*